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PASSIONIST
EARTH & SPIRIT CENTER

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OVERNIGHT EXPERIENCES

OVERNIGHT RETREAT EXPERIENCES

This retreat gives students the space and time to get to know one another better. Students start and tend a campfire while other students prepare and cook the food over the fire. They also cook s'mores and tell ghost stories. We take a night walk in the woods and then meditate under the stars. They settle in for a lock in the barn overnight, waking up to sunrise meditation and another day of retreating. It's my favorite retreat.

Price \$100 per person

Overnight Retreats 1st Day arrival 3:30 pm – 2nd Day departure 2:30 pm

- Scavenger Hunts
- Hiking (night walk in the woods)
- Meditation (under the stars, sunrise, nature, and others)
- Leadership skills (on and off the trails)
- Starting and tending a campfire
- Preparing and cooking dinner over a campfire

Overnight in the Barn

Accommodations provided

- Sleeping in the Barn (carpeted full heated/airconditioned)
- Will provide 2 yoga mats/person – welcome to bring more
- 2 indoor bathrooms
- Campfire
- Dinner students help prepare over the campfire
- Roasting marshmallows and making S'mores
- Continental Breakfast
- Pizza Lunch
- Comfortable couches on 2nd floor for Chaperones

